

John Henry Abdo

Oct. 30, 1943-Feb. 18, 2019

John Henry Abdo N.D., PhD., of San Antonio, Texas, passed away on February 18, 2019 at the age of 75 years old.

John was born to John Joseph Abdo and Alice Celia Abdo, October 30, 1943, in San Antonio, Texas. He graduated from Jefferson High school in 1961 and received multiple degrees from several universities. Bachelor of Science, St. Mary's University, San Antonio Texas. Master of Science, Clayton University in St. Louis, Missouri, 1980. PhD in Preventative and Therapeutic Applied Clinical Nutrition from the Roger J. Williams Graduate School of Nutrition, 1981.

Doctorate of Homeopathic Medicine from the Board of Medical Examiners for the Florida State Homeopathic Society, 1982. Metabolic Research Foundation of the State of Illinois, 1983.

He leaves as his legacy, three children and three grandchildren. They will remember him as a kind, passionate, honorable, intelligent, fair and patient man. John was a Naturopathic Doctor and PhD in Clinical Nutrition, practicing for over 40 years and was passionate about affecting the most positive changes in people. He served as a committee member with the Martin Luther King foundation for 20 plus years. John was also a passionate servant and leader in the Bahai community and was nominated to serve as a national Bahai delegate multiple times.

He is preceded in death by both of his parents, John and Alice Abdo. He is survived by his Brother, Richard Abdo and (wife) Claudia Abdo, his Son Gabriel Abdo and (wife) Michelle Abdo, his Daughter, Dawn Sport Abdo, his Son Christopher Abdo and Grandchildren, Shane Abdo, Jordan Abdo and Lauren Sport as well as the numerous other family members and friends who were a part of his life.

John's service will be a Graveside Service held on Friday, February 22nd, 11:00am at San Fernando III, 1735 Cupples Road, SA TX 78216.

A reception will follow at

San Antonio Bahai Center, 735 Magnolia Ave, SA TX 78212.

The family requests that donations be made to Children's Hospital of San Antonio, www.childrenshospitalsafoundation.org in lieu of flowers.