

### Obituary of Sheila Mary Palmer

Sheila Mary Palmer, 91, passed away from cardiac arrest on Thursday March 7, 2019 in San Antonio, Texas, with her loving family by her side. Sheila was born on August 19, 1927 in County Limerick Athea, Ireland.

On October 6, 1956, she married the love of her life, Melvin Dale Palmer. She moved to the United States with Mel in February of 1959. She became a citizen of the United States in May 1962. They raised three children, Jimmie Kevin, Martin Sean, and Nora Anne. As the wife of a military member, serving in the United States Air Force, she and her family traveled and lived in locations spanning the globe. During this time, she served military members and local communities with her selfless volunteerism, through the American Red Cross, local churches, and military hospitals.

In addition to her passion for volunteerism, she enjoyed Volksmarching with her beloved husband participating in 5-20-kilometer walks in every US state and many countries through the age of 80. Her sincere concern for others was evident in her service as the President of the Military Council of Catholic Women travelling to bases all throughout Europe connecting and inspiring military affiliated women in their Catholic faith, knitting and sewing of hats and blankets for the less fortunate, and daily acts of kindness to everyone she met.

She is survived by her husband Melvin Dale; her children, Jimmie and wife, Rondi, Sean and wife, Margo, Nora-Anne and husband, Michael; her grandchildren Amy, Ashley and husband, Nick, Justin, Carissa, Brendan, Lindsay, Spencer, Kyle, and DeAnna; and great grandchildren Jayce, Jaxson, and Braxton; brother, Sean Herbert and his wife, Rose, who reside in England; close cousin, Nora Patterson and husband, Gerald.

A viewing/rosary service will be held March 19, 2019 at St. Anthony Mary Claret. The viewing will be at 10, the rosary at 10:30, followed by mass at 11. The burial service will take place at Fort Sam Houston at 2:00 PM on March 21, 2019. In lieu of flowers, please donate to the children's charity or the church of your choice.